



# Junior Competition Guidelines

|                        | MINI STICKS (YR 3-4)                         | KIWI STICKS (YR 5-6)   | KWIK STICKS (YR 7-8)                         |
|------------------------|--|--|--|
| <b>Field Size</b>      | 1/4 of full sized turf                       | 1/2 of full sized turf   | 1/2 of full sized turf                       |
| <b>Team Size</b>       | 6 vs 6                                       | 7 vs 7 (or 6 vs 6 in the No GK grade)                          | 7 vs 7                                       |
| <b>Game Duration</b>   | 2 x 18 min (2 min halftime)                  | 2 x 20 min (2 min halftime)                                    | 3 x 15 min (2 min intervals)                 |
| <b>Umpires</b>         | Team to supply (parent etc)                  | Venue to supply junior umpire,                                 | CHA to supply junior umpire                  |
| <b>Goalkeepers</b>     | No   | Yes (unless playing in no GK grade)                            | Yes  |
| <b>Long Corners</b>    | From halfway, in line with where it went out | From halfway, in line with where it went out                   | From halfway, in line with where it went out |
| <b>Penalty Corners</b> | No - play free hit 1m outside circle         | No - Play free hit 1m outside circle (review after 4 weeks)    | Yes - 4 defenders (goalkeeper inclusive)     |
| <b>Raised Ball</b>     | Above the knee is deemed dangerous           | Umpire to use discretion in interpreting danger above the knee | Normal hockey danger rules apply             |